TRANSFORMATIONAL COACH
HOST OF THE BORN UNBREAKABLE PODCAST
PERFORMANCE IMPROVEMENT CONSULTANT
LIFESTYLE ENTREPRENEUR
MINDSET MOTIVATOR
CERTIFIED CHANGE MANAGEMENT EXPERT

CONTACT

DEZ@BORNUNBREAKABLE.COM
BORNUNBREAKABLE.COM
BORN UNBREAKABLE YOUTUBE CHANNEL
TWITTER.COM/DEZUNBREAKABLE
LINKEDIN.COM/IN/BORNUNBREAKABLE/
FACEBOOK.COM/BORNUNBREAKABLE
INSTAGRAM.COM/BORNUNBREAKABLE

BORN UNBREAKABLE

DESIREE MAYA

BIO

DESIREE'S PASSION FOR LEADERSHIP AND ENTREPRENEURSHIP WAS BIRTHED AT CHILDHOOD. FROM 3RD GRADE CLASS REPRESENTATIVE TO VICE PRESIDENT OF HER HIGH SCHOOL, THEN ON TO COLLEGE SENATOR, SIDE HUSTLES, AND VOLUNTEER WORK ABROAD IN HER ADULTHOOD, DEZ HAS ALWAYS KNOWN HER MISSION IS TO SERVE AND LEAD OTHERS. AFTER GRADUATING WITH HER BACHELOR'S DEGREE IN POLITICAL SCIENCE & MINOR IN HEALTHCARE AND SOCIAL ISSUES FROM THE UNIVERSITY OF CALIFORNIA, SAN DIEGO, DEZ BEGAN HER JOURNEY AS A PERFORMANCE IMPROVEMENT CONSULTANT AND PROFESSIONAL COACH.

DEZ NOW HAS 15+ YEARS OF CONSULTING EXPERIENCE, IS A CREDENTIALED TRANSFORMATIONAL COACH, SIX-FIGURE EARNER, KEYNOTE SPEAKER, CERTIFIED CHANGE MANAGEMENT EXPERT, REAL ESTATE INVESTOR, AND BUSINESS OWNER. AS FOUNDER OF BORN UNBREAKABLE AND HOST OF THE BORN UNBREAKABLE PODCAST, SHE IS ABLE TO DO WHAT SHE LOVES MOST – HELP OTHERS CRUSH THEIR SELF-LIMITING BELIEFS AND UNAPOLOGETICALLY EMBRACE THE UNIQUE INDIVIDUALS THEY'RE MEANT TO BE. WHEN DEZ ISN'T COACHING, YOU'LL FIND HER IMMERSED IN AUDIOBOOKS & PODCASTS AND WORKING OUT. HER FIRST LOVE IS HER FAMILY, BUT UNICORNS, BEAUTY PRODUCTS, TRUE CRIME, AND ZUMBA DON'T TRAIL TOO FAR BEHIND. DEZ RESIDES IN LAS VEGAS, NV.

Interview Topics

- CRUSHING SELF-LIMITING BELIEFS
- BEING UNAPOLOGETICALLY YOU
- MANAGING CHANGE/TRANSITIONS
- BUILDING CONFIDENCE
- MASTERING MINDSET
- EMBRACING SELF-WORTH
- FACING FEAR
- FINDING JOY

Sample Questions

- WHAT ROLE DO OUR STORIES PLAY IN THE JOURNEY OF SELF-GROWTH?
- HOW DO YOU PURSUE YOUR DREAMS WHILE MANAGING THE EXPECTATIONS OF OTHERS?
- WHY IS CHANGE SO DIFFICULT AND WHAT CAN BE DONE TO MAKE IT EASIER?
- HOW CAN YOU BE CONFIDENT WHEN YOU'RE DOING SOMETHING NEW FOR THE FIRST TIME?
- WHAT DOES IT TAKE TO MASTER A MINDSET OF ABUNDANCE?
- HOW DO WE FACE THE STRUGGLE OF WANTING TO BE PERFECT?
- WHAT KEEPS US FROM FACING OUR FEARS AND PURSUING WHAT WE REALLY WANT IN LIFE?
- HOW DO WE ACHIEVE HAVING TRUE FULFILLMENT AND JOY IN OUR LIVES?
- WHAT ADVICE WOULD YOU GIVE TO YOUR 20-YEAR-OLD SELF?